



Taishi Judo Club 11th Anniversary Invitational Tournament

Date: Sunday, March 13, 2022

Time: Tournament will start promptly at 10:00AM

Location: Westminster High School
14325 Goldenwest Street
Westminster, CA 92683

Sanction: This tournament is sanctioned by the USJF Sanction #22-03-02

Eligibility: This tournament is open to all contestants who are paid members of USJF, USJA or USA Judo. All contestants must show valid proof of current membership at registration.

Awards: First, Second and Third Place medals will be awarded to the top three contestants in each division. First, second, and third place winners will also receive 5, 3, and 1 point toward their team score, respectively.

First, Second and Third Place team trophies will be awarded based on total team points!

Tournament Director:

Rob Oishi
Email: Oishichiro@aol.com
Phone: 310-994-6917

The Tournament Director reserves the right to make any necessary changes in the best interest of the sport, and the safety of the competitors.

Head Referee:

Gary Takemoto, IJF-A Referee 2016 Olympic Referee

Referee & Coaches Meeting, led by Gary Takemoto, will be held at 8:30AM

REGISTRATION

Pre-Registration:

\$40.⁰⁰, 1st Division

\$35.⁰⁰, 2nd Division and/or each additional family member of the same immediate family

Pre-Registration entries must be postmarked by March 6, 2022 to:

Robert Oishi
17801 Osage Avenue
Torrance, CA 90504

To qualify for the pre-registration discount, complete entry form(s) with the proper entry fee(s) must be postmarked by Sunday, March 6, 2022. If postmarked after this date, the entry form will be considered LATE and the entry fee will be increased to \$10 per division. A copy of current membership card for USJF, USJA or USA Judo must be included!

All pre-registered contestants must weigh-in during their designated time, as listed below, on the tournament day.

Walk-Up Registration:

\$50.00, Per Division and **NO** discounts for 2nd Division and/or each additional family member of the same immediate family

All walk-up registration contestants must register and weigh-in during their designated time, as listed below, on the tournament day.

Checks and money orders should be made payable to: TAISHI JUDO CLUB

All Entry Fees are Non-Refundable

Walk-Up Registration and All Weigh-Ins:

Yonen (5-12 years old): 7:30-8:30am

Shonen (13-16 years old): 8:30-9:30am

Seinen, Seinen Novice (17+) and Masters (35+): 9:30-10:30am

NO ONE CAN register and weigh-in after their designated times! Please register and/or weigh-in during your proper time on the tournament day!

TOURNAMENT RULES

All matches will be conducted using the current Contest Rules for Judo, as stipulated by the International Judo Federation (IJF), with the following modifications:

1. Pre-2003 injury rules will be used, except Seinen Brown/Black Belt divisions.
2. Contest area will be 6x6 meters with 4 meter safety area between mats and 3 meter outside border.
3. The CARE system will not be in effect, and three referees will be on the mat.
4. Modified Double Elimination will be used for divisions with 6 or more competitors.
5. Round Robin System will be used for divisions with 5 or less competitors. For all Round Robin divisions: the division winners will be determined by (1) most wins; if wins are tied, (2) most points; and if wins and points are tied, the winner will be determined by (3) head-to-head competition. (4) In the event there is still a tie, the competitors will compete against each other in Golden Score period where match times will be recorded. The competitor with the fastest match time wins.
6. Yonen (5-12 years old)
 - a. Match Time = 2 ½ minutes
 - b. Double Drop Knee techniques WILL NOT be allowed (hansokumake for that match)
 - c. No shime-waza (chokes)
 - d. No kansetsu-waza (arm locks)
7. Shonen (13-16 years old) and Seinen Novice (17 years and older)
 - a. Match Time = 3 minutes
 - b. No kansetsu-waza (arm locks)
8. Seinen Brown/Black Belt
 - a. Full IJF rules
 - b. Match Time = 4 minutes
 - c. Must be 15 years of age, or older, to compete
 - d. Must hold a rank of green belt, or higher, to compete
9. Masters (35 years and older)
 - a. Match Time = 2 ½ minutes
 - b. Kansetsu-waza (arm locks) will be allowed except for novice competitors
 - c. Shime-waza (chokes) will be allowed
10. For all divisions, there is no time limit in Golden Score
11. White judo gis are mandatory. Blue judo gis are optional.
12. All contestants must have properly fitting blue and white competition judo belts.

The Tournament Director reserves the right to make any necessary changes in the best interest of the sport, and the safety of the competitors.

COMPETITION DIVISIONS

Boys & Girls Divisions, Novice (White/Yellow)

5-6	LW	MW	HW
7-8	LW	MW	HW
9-10	LW	MW	HW
11-12	LW	MW	HW
13-14	LW	MW	HW
15-16	LW	MW	HW

Boys & Girls Divisions, Advanced (Orange/Green/Blue/Purple)

5-6	LW	MW	HW
7-8	LW	MW	HW
9-10	LW	MW	HW
11-12	LW	MW	HW
13-14	LW	MW	HW
15-16	LW	MW	HW

Boys & Girls Junior/Shonen Brown Belts

up to 16	LW	MW	HW
----------	----	----	----

Men & Women Senior/Seinen Novice Divisions (must be under Brown Belt/Sankyu rank)

LW	MW	HW
----	----	----

Men & Women Senior/Seinen Brown & Black Belts (no White Belts)

LW	MW	HW
----	----	----

Men & Women Masters Divisions

35-44	LW	MW	HW
45+	LW	MW	HW

DIVISIONS MAY BE COMBINED AT THE DISCRETION OF THE TOURNAMENT COMMITTEE. IF CHANGES TO THE ABOVE LISTED DIVISIONS OCCUR, COACHES, INSTRUCTORS AND/OR PARENTS WILL HAVE THE OPPORTUNITY TO REVIEW THE CATEGORIES AND CONFIRM THEIR JUDOKA'S SUITABILITY FOR PARTICIPATION.

The Tournament Director reserves the right to make any necessary changes in the best interest of the sport, and the safety of the competitors.



Sanction #22-03-02

LIABILITY RELEASE (For All Contestants Under 18 Years of Age)

I authorize the following person(s) _____ to act in my behalf in any and all matters requiring parental consent for my child during the Taishi Judo Club 11th Anniversary Invitational Tournament or travel to and from it. I agree to accept all financial obligations incurred as a result of any medical assistance, hospitalization and related expenses provided to my child. If an act of vandalism causing damage to personal or real property associated or related in any way to this tournament occurs, those involved will be dismissed from competition. The participant or parent(s) of a minor involved agree to indemnify and pay for all such losses and damages.

Signed (Contestant)

Date

Signed (Parent/Guardian)

Date

CONSENT FOR AGE/WEIGHT CHANGE (For All Contestants Under 18 Years of Age)

We, (I), the undersigned parent of _____ have been informed of the method of competition for the Taishi Judo Club 9th Anniversary Invitational Tournament.

- A. We, (I), express our (my) consent that _____ may be moved up into another weight bracket of competition of the same age or another age bracket of the same weight.
- B. We, (I), express our (my) consent that _____ MAY NOT be moved into another weight or age bracket.

Signed (Contestant)

Date

Signed (Parent/Guardian)

Date

THE FOLLOWING SECTION MUST BE COMPLETED BY ALL INSTRUCTORS/SENSEIS FOR EVERY CONTESTANT:

NON-BLACK BELT WAIVER (For All Non-Black Belt Contestants)

I, _____, a judo instructor who has been awarded the judo rank of Shodan or higher, under the auspices of one of the following organizations: United States Judo Federation, United States Judo Association, or USA Judo, hereby certify that _____, although not having been awarded the judo rank of Shodan or higher is of sufficient aptitude and skill in judo to compete in the Taishi Judo Club 8th Anniversary Invitational Tournament.

Date signed

Signature of Instructor

Rank

Sanction #22-03-02

WARNING!

WAIVER AND RELEASE OF LIABILITY AND AGREEMENT TO PARTICIPATE

In consideration of being permitted to participate in any way, including travel to and from, in any Judo tournament, practice, clinic, and related events and activities ("Activity") of the **United States Judo Federation, Inc., Nanka Judo Yudanshakai, Taishi Judo Club, Westminster High School**, and the officers, employees, volunteers, and agents, I agree:

1. I understand the nature of Judo activities and believe I am qualified to participate in such Activity. I also understand the rules governing the sport of Judo.

2. I further acknowledge that prior to participating, I will inspect the mats, equipment, facilities, competition pools or divisions, and the elimination or scoring system to be used, and if I believe anything is unsafe or beyond my capability, I will immediately advise my coach, supervisor, and/or a tournament official of such conditions and refuse to participate.

3. I acknowledge and fully understand that I will be engaging in a contact sport that might result in serious injury, illness or disease, including permanent disability or death, and severe social and economic losses due not only to my own actions, inactions or negligence, but also to the actions, inactions, or negligence of others, including United States Judo Federation, together with their affiliated clubs, their respective administrators, directors, officers, agents, coaches, and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, legal guardians, supervisors and coaches, sponsoring agencies, sponsors, advertisers, and if applicable, owners, lessors, and lessees of premises used in conducting the event (Releasees), the rules of the sport of Judo, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time.

4. Knowing the risks involved in the sport of Judo, I assume all such risks and accept personal responsibility for the damages following such injury, illness, disease, permanent disability, or death.

5. I hereby release, waive, discharge and covenant not to sue the **United States Judo Federation, Inc., Nanka Judo Yudanshakai, Taishi Judo Club, and Westminster High School**, together with their affiliated clubs, their respective administrators, directors, officers, agents, coaches, and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, legal guardians, supervisors and coaches, sponsoring agencies, sponsors, advertisers, and if applicable, owners, lessors, and lessees of premises used in conducting the event, all of whom are hereinafter referred to as "Releasees", from any and all litigation expenses, attorney fees, loss, liability, damage or costs on account of injury, illness, disease, including permanent disability and death or damage to property, caused or alleged to be caused in whole or in part by the negligent acts or omissions of the Releasees or otherwise to the fullest extent permitted by law.

I HAVE READ THE ABOVE WARNING, WAIVER, AND RELEASE, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE. I AGREE TO PARTICIPATE KNOWING THE RISKS AND CONDITIONS INVOLVED AND DO SO ENTIRELY OF MY OWN FREE WILL. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR, IF I AM UNDER 18 YEARS OF AGE, I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARENT/LEGAL GUARDIAN AS EVIDENCED BY THEIR SIGNATURE BELOW. I INTEND THIS TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THAT THE BALANCE, NOTWITHSTANDING SHALL CONTINUE IN FULL FORCE AND EFFECT.

Participant

Participant's Signature

Date

**FOR PARENTS/LEGAL GUARDIANS OF PARTICIPANTS OF MINORITY AGE
(UNDER AGE 18 AT TIME OF REGISTRATION)**

This is to certify that I, as parent/legal guardian with legal responsibility for this participant, do consent and agree to his/her release, as provided above, of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation including litigation expenses, attorney fees, loss, liability, damage or costs which may incur as the result of the minor child's participation in these programs as provided above, even if arising from their negligence, to the fullest extent permitted by law. I have instructed the minor participant as to the above warnings and conditions and their ramifications.

Parent/Legal Guardian

Parent/Legal Guardian's Signature

Date



UNITED STATES JUDO FEDERATION

National Office

Mailing Address:
P. O. Box 338
Ontario, OR 97914-0338

Telephone:
(541) 889-8753

Fax:
(541) 889-5836

Internet:
www.usjf.com
no@usjf.com

COVID-19 Pandemic 2020-21

(Update #19 – November 15, 2021)

Updates added on November 15, 2021, are highlighted in **FLOURESCENT GREEN**

Thank you very much to Dr. Eric Chen, Dr. Jeffrey Fujimoto, Dr. Steven Isono, and Dr. Ricardo Joseph of the USJF Medical Committee for their time and expertise in helping to put together this information along with recommendations for our community. This will be helpful for everyone as we all work through the trying & difficult times ahead.

- We strongly recommend that members of the judo community consider getting vaccinated when eligible.
- Vaccine eligibility has now expanded for use in individuals age 5 or older.
- Keep yourself informed with the latest information, developments, and situation by visiting the CDC's COVID-19 page at <https://www.cdc.gov/coronavirus/2019-ncov/> and your state's health department website.
- These are general recommendations. It is NOT our intent to circumvent or replace the advice or directives from your primary care physician/doctor/medical professional.
- We encourage compliance with government recommendations, regulations, requirements, and laws.
- Though some states may have relaxed their restrictions and moved into higher phases and more allowable activities, please be vigilant for any changes in the emergence of new cases and variants. This may lead to a return to lower phases and renewed restrictions. Please keep abreast of the latest developments in your area/jurisdiction and maintain proper observance and compliance with the phase status and guidance. You must be sure to move with the change in phases and adjust activities accordingly.
- Reminder... We are using the phases and descriptions from the **USOPC guidelines. These USOPC guidelines DO NOT SUPERCEDE your local/county/state health guidelines.** You must make sure that your operations comply with your local/county/state health guidelines. Please ensure compliance by keeping up-to-date with your situation. **Non-compliance with your local/county/state health guidelines means non-compliance with the warranty provisions of insurance coverages = no insurance coverage = everyone participates at their own risk.**
- COVID-19 Liability: **Our liability policies DO NOT provide liability coverage for epidemic & pandemic diseases.**
- COVID-19 Accident Medical: **Our accident medical policy DOES NOT provide coverage for any COVID-19 pandemic related: infection, illness, injury, disability, death, economic loss, and etc.**

Dojo Reopening Guidelines:

Please read through thoroughly the updated Dojo Reopening Guidelines document by visiting the webpage. The latest version of the document will always be posted there.

USJF Liability & Accident Medical Coverage: USJF sanction and insurance coverage is contingent upon compliance with USJF guidelines, local, and state regulations. Failure to do so automatically VOIDS the sanction and all insurance coverages.

Reminder: you must check and be current in your compliance with local health regulations on whether or not direct contact activities are allowed. Some direct contact may be allowed if certain conditions are met. **REGULATIONS ARE VERY STATE DEPENDENT.** Know your state/local rules and regulations and carefully adhere to and implement them.

Insurance Coverage Update:

On September 1, 2020, our new insurance policies for the new 2021 Fiscal Year, become effective. There are some major changes and they are briefly outlined here.

COVID-19 Liability: Our liability policies **DO NOT provide liability coverage** for epidemic & pandemic diseases. The current COVID-19 crisis has been declared a pandemic by both the US Center for Disease Control (CDC) and the World Health Organization (WHO). Therefore, any claims/lawsuits brought against you due to COVID-19: infection, illness, injury, disability, death, economic loss, and etc. **WILL NOT BE DEFENDED BY THE LIABILITY INSURANCE POLICIES.**

COVID-19 Accident Medical: Our accident medical policy does not provide coverage for any COVID-19 pandemic related: infection, illness, injury, disability, death, economic loss, and etc. The policy is intended to respond to **accidental injuries** incurred while doing sanctioned or approved judo. For example: sprains, broken limbs, dislocations, and etc. It does **NOT respond to claims arising from allergies, usual colds & flu, COVID-19, chickenpox and other communicable disease illness.** The accident medical policy is **NOT a replacement for your own health insurance/coverage. It is NOT a primary coverage policy and responds on a secondary basis in conjunction with your own health insurance.**

USJF Liability & Accident Medical Coverage: USJF sanction and insurance coverage is contingent upon compliance with USJF guidelines, local, and state regulations. Failure to do so automatically VOIDS the sanction and all insurance coverages.

Return To Activity/Training After COVID-19 Infection:

There can be many lingering side effects of having had a COVID-19 infection. Athletes should consult with their healthcare provider before returning to physical activity after COVID-19 infection. Depending on the severity of infection, additional testing may be indicated before initiating a strenuous exercise program.

Myocarditis, or inflammation of heart muscle is a known complication of COVID-19 infection. However, the need for additional cardiac testing is controversial and any additional testing that is performed should be decided by the athlete's healthcare provider after a careful evaluation and discussion with the athlete and athlete's family if they are a minor or have other serious medical comorbidities.

We recommend athletes receive COVID-19 vaccination when eligible after known infection.

We suggest athletes follow these guidelines:

1. **Asymptomatic COVID-19 infection:** (i.e., athlete was exposed to COVID-19, never had symptoms, but tested positive)

At least 2 weeks of rest (no judo activity) with gradual return to judo activities. If the athlete develops unusual chest pain, dizziness, lightheadedness, passes out, or other concerning symptoms we recommend cessation of judo activities and seek additional evaluation by healthcare provider. Minors should consult with a pediatrician prior to returning to play.

2. **Symptomatic COVID-19 infection:**

We highly recommend consultation with a healthcare provider prior to returning to judo activities. We recommend at least 2 weeks of rest (no judo activity) after becoming asymptomatic. Decreased exercise tolerance is common after COVID-19 infection, but chest pain, lightheadedness, dizziness, passing out, or other concerning symptoms, may be red flags for a more serious condition. Athletes should monitor symptoms closely as they return to more strenuous activity and seek medical consultation for concerning symptoms.

Return To Training Phases:

Please be current and cognizant of the situation in your locale to ensure proper compliance with current rules and requirements.

Phase 1: Public health authorities require shelter in place, public training facilities are closed
Dojos/clubs remain CLOSED. Individual home training & Virtual coaching ONLY.

Phase 2: Public health authorities lift shelter in place requirements, but continue to prohibit group activities and public training facilities remain closed
Dojos/clubs remain CLOSED. Individual home training & Virtual coaching ONLY.

Phase 3: Public health authorities allow small group activities (< 10 people), but public training facilities remain closed
Dojos/clubs remain CLOSED. Individual home training & Virtual coaching ONLY.

Phase 4: Public health authorities allow public training facilities to open WITH limitations on group size. ***Dojos/clubs may OPEN for individual training in small groups ONLY if social distancing and masking are maintained.*** Check with state and local health authorities if direct contact may be allowed. **Continue infection prevention methods.**

Phase 5: A vaccine or cure for COVID-19 is developed and distributed to the public at large. Dojos resume large group training in accordance with local public health regulations. Athletes with prior COVID-19 infection may resume direct contact following the guidelines above. Continue infection prevention as previously.
Continue infection prevention methods.

Please know the current phase in your local area/jurisdiction, apply, and adhere to it.

Regarding COVID-19 Testing:

There are now many different COVID-19 testing protocols and kits available. There are huge variations in pricing with little detailed information available regarding the accuracy and validity of these tests. Also, not all tests are available everywhere. This being so, though testing is important, it is difficult to recommend a particular protocol/test for people to take. Therefore, WE ARE NOT MAKING TESTING A REQUIREMENT for return to training.

Mandatory Temperature Checks:

Temperature checks are MANDATORY for everyone prior to entering the dojo/club/training facility. The maximum acceptable temperature for entry is 100.4°F/38° C. Someone with a temperature that is higher than this is considered to have a fever and should seek medical advice.

Visitor Log:

If your dojo/club is OPEN or hosting/conducting any activities, please use a visitor log to have a listing of everyone who comes into the dojo/club. This includes: vendors, guests, visitors, parents, friends, relatives, potential students, students, athletes, and instructional staff. Basically, ANYONE who walks in the door. You should capture: the date that they were there, the person's name, a contact telephone number, and their temperature. A sample visitor log can be found on the last page of this document. Please feel free to make copies and use it.

If someone in the dojo tests positive for COVID-19, you should call everyone who has been exposed to let them know of the exposure so that they can take appropriate action. Please follow CDC guidance on quarantine intervals and tracing. Exposure is defined as any individual within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24 hour period.

If someone tests positive, it is very likely that the local public health department will follow-up and conduct some contact tracing. Having good visitor logs will help facilitate their contact tracing efforts.

Here's a link to the CDC page on contract tracing:

<https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/contact-tracing.html>

Personal Hygiene & New Habits:

Now is a great opportunity to develop some great personal hygiene habits. Of critical importance is hygiene both before and after any training session.

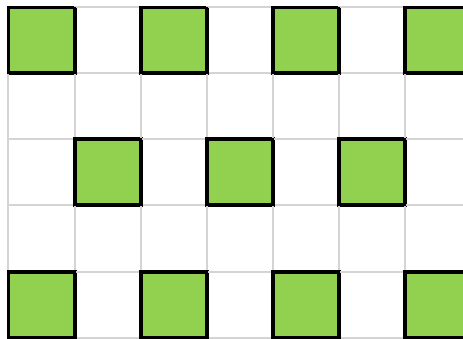
1. All judogi's and belts should be completely clean and laundered before any training session.
2. Athletes should shower, lather up, and scrub vigorously before and after training sessions that involve close personal contact with a training partner.
3. Obviously, there should be **NO SHARING** of towels, water bottles, liquids, food, snacks, supplements, and etc.
4. Weights, machines, and other training aids should be wiped down using an appropriate cleaning solution between users.

5. Use hand sanitizer every time one enters or exits the dojo.
6. Clean feet with antibacterial/antiviral wipes every time one steps on to the mat.

Maintaining Social Distancing & Spacing:

A good way to maintain some social distancing and spacing is to give your athletes their own 6' x 6' space to work in...

1. Envision your mat space as a grid with 6' x 6' squares (modified checker/chess board)
2. Use removable tape on your mat surface to define the 6' x 6' grid
3. Tear the tape and remove them in between the light or odd squares
4. Skip over a row (leave empty) and go to the next row
5. Tear the tape and remove them in between the dark or even squares
6. Repeat steps 3-5 until you are complete
7. This should leave you with 6' x 6' squares that are surrounded by 6' of free space for your athletes to work in



Use Face Masks:

We encourage the use of face masks. Especially during the times when appropriate to do so: bowing in and out at the start and end of the class/practice, during times when there is group instruction, during lectures/talks. Furthermore, we encourage the use of face masks by all family, friends, guests, and visitors while they are inside of the dojo.

It is obviously a bit problematic to require the wearing of face masks while engaged in tachiwaza or newaza randori. It is certainly reasonable to require the wearing of face masks when engaged in less than rigorous activities. It helps to keep everyone mindful of the current pandemic and public health guidelines. The additional efforts to be diligent will likely be helpful in creating a safer and thoughtful environment for your current and potentially new members.

Dojo Cleaning:

For dojos, best practice would be to:

1. **Disinfect mats before and after training with a diluted bleach solution.** Mixing these proportions of bleach and water can make the bleach cleaning solution:
5 tablespoons or 1/3rd cup of bleach per gallon of water
OR 4 teaspoons of bleach per quart of water
2. **Disinfect high touch areas such as doorknobs, handrails, benches and lockers.**
3. **If possible, place hand sanitizer at entrances and exits.**

The bleach solution is very effective and the most economical, but here is a link to a list of commercially available disinfectants that should have antiviral activity against COVID-19 and other pathogens:

<https://www.epa.gov/pesticide-registration/list-n-disinfectants-coronavirus-covid-19>

The key for any of this to work is that you **must allow the solution to dry for at least 5 minutes for the full antiviral/antimicrobial effect.**

BLEACH CAUTIONS:

1. As the bleach solution does contain bleach, it may affect the color/finish of whatever comes into contact with the bleach solution. It may also bleach-out or cause colors to fade, burn materials. Adversely affected items may include and not be limited to things like: clothing, painted objects, furniture, furnishings, cloth materials, leather, colored items, cloth, materials, metals, plastics, rubber, carpets, rugs, wood, paper, and etc.
2. **Do NOT MIX the bleach or bleach water with any other chemicals or cleaning products. Mixing bleach with products containing acid or ammonia will result in the creation and release of HIGHLY TOXIC CHLORINE GAS and other dangerous by-products. Exposure to chlorine gas can cause serious permanent long-term injury and can be lethal.**
3. It would be prudent to use appropriate protective clothing & devices such as safety eyewear & gloves to protect your eyes and avoid any/prolonged contact with your skin.
4. Be sure that there is adequate ventilation when using bleach or the bleach solution.
5. Please be sure to take appropriate precautions to avoid any accidents, spills, and other foreseeable problems and dangers.

USJF Sanctioned Events:

The National Office is accepting applications for sanctioned events. Sanctions will be granted and approved only for jurisdictions where the state and local regulations allow the activity. Should those public health regulations prohibit the activity, the sanction for the event is automatically cancelled. The event organizer/director agrees to implement the rules and protocols described in the USJF COVID Event Guidelines. Please read through thoroughly the updated USJF COVID Event Guidelines document by visiting the webpage. The latest version of the document will always be posted there.

USJF sanction and insurance coverage is contingent upon compliance with USJF guidelines, local, and state regulations. Failure to do so automatically VOIDS the sanction and all insurance coverages.

USJF National Office Update:

In compliance with government recommendations and mandates, the USJF National Office will continue to operate with the staff generally working remotely from home as much as possible. Though we will continue to answer the telephone, we strongly encourage you to communicate with us via email during these times. The National Office will continue operations in the current manner until local mandates/restrictions are completely lifted.

Next Update On December 31, 2021.

At this time, we plan to issue an update on December 31, 2021. Should conditions change/worsen to an extent that further restrictions on elite athletes or any other actions are advisable, we will issue updated pertinent guidance at that time.

Additional:

Again, this is a very unique and dynamic situation and these recommendations may need to be modified as new information and national guidelines become available. Please do not hesitate to contact either Dr. Chen, Dr. Fujimoto, Dr. Isono, or Dr. Joseph, if you have any additional questions or concerns. Our contact information is listed below.

Best Regards,

USJF National Medical Committee

Eric Chen, MD

Chairperson

(C): 408-887-6544

ericch1@uw.edu

Jeffrey Fujimoto, MD

Member

jfujimoto1@gmail.com

Steven Isono, MD

Member

sisonomd@stanford.edu

Rick Joseph, MD

Member

(C): 734-717-0943

ricardojoseph41@gmail.com

